



Tuberculosis screening guidelines for specialty physicians

The CDC now prefers TB blood tests (IGRAs), like QuantiFERON-TB Gold Plus, for the majority of the US testing population, and strongly recommends IGRAs for patients who are BCG-vaccinated or unlikely to return for a TST reading (5).

2016 ATS/IDSA/CDC clinical practice guidelines preferentially recommend IGRAs for most US patients (5):

- IGRA testing is preferred for individuals ≥5 years of age with low to intermediate risk of progression, regardless of BCG status
- IGRA or TST can be used without preference in individuals ≥5 years of age with high risk of progression
- TST is preferred for children <5 years old but IGRA is acceptable

2010 CDC guidelines provide IGRA testing recommendations for the diagnosis of TB infection (2):

- IGRA may be substituted for TST in all situations as an aid in the diagnosis of M. tuberculosis infection
- IGRA is preferred over TST in patients who have received the BCG vaccination
- IGRA is preferred over TST in patient groups with historically low rates of returning to have TSTs read
- Two-step testing is not required for IGRAs, because IGRA testing does not boost subsequent test results

IDSA guidelines recommend that HIV-infected patients be tested for TB infection (6):

- IGRA or TST should be used at initiation of care and repeated when recent TB exposure is suspected
- Annual TB test should be considered for those who test negative but have ongoing risk for TB infection

- Repeat testing is recommended when a patient's immunocompetence may have been restored
- IGRA preferred over TST as in the 2010 CDC guidelines

ACR guidelines recommend TB screening in all rheumatoid arthritis (RA) patients being considered for therapy with biological agents, regardless of the presence of risk factors for TB infection (7):

- IGRA is preferred over TST as in the 2010 CDC guidelines
- IGRA can be performed as an initial test, in annual testing, and where new TB exposure is likely
- In immunosuppressed RA patients with risk of TB exposure, a repeat test can be considered after an initial negative result.

ACOG guidelines recommend that pregnant women at high risk of TB should be tested for TB infection (8):

 High-risk groups include women who are infected with HIV, active TB contacts, and women born in countries with a high incidence of TB

ASAM guidelines recommend TB testing as standard procedure for the treatment of opioid addiction (9):

- Completion of the patient's medical history should include screening for concomitant medical conditions, including hepatitis, HIV, and TB
- Testing for TB should be considered as part of initial laboratory testing

QFT-Plus is an in vitro diagnostic aid for detection of Mycobacterium huberculosis infection. QFT-Plus is an indirect test for M. huberculosis infection (including disease) and is intended for use in conjunction with risk assessment, radiography, and other medical and diagnostic evaluations. QFT-Plus package inserts, up-to-date licensing information and product-specific disclaimers can be found at www.QuantiFERON.com. The performance of the USA format of the QFT-Plus test has not been extensively evaluated with specimens from pregnant women or from individuals who have impaired or altered immune functions, such as those who have HIV infection or AIDS, those who have transplantation managed with immunosuppressive treatment or others who receive immunosuppressive drugs (e.g., corticosteroids, methotrexate, azathioprine, cancer chemotherapy).

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